

# *Inside Education Field Study*

## *Student Checklist*

Our class is visiting an Inside Education Field Site on:

\_\_\_\_\_ (Date)

### What I should bring with me:

- Pencil(s)
- Clipboard (if you have one)
- Sturdy footwear (no *light fabric shoes or sandals*)
- Toque/Gloves (cold/cool days)
- Small backpack (day pack)
- Jacket
- Rain Gear (waterproof jacket and pants or a garbage bag)
- Sweater
- Long Pants
- Shorts (hot days)
- Hat
- Extra Socks
- Hearty Lunch
- Snack
- Lots of Water (drinking water is not provided onsite)
- Sunscreen
- Bug Repellent
- Ana-kits, Inhalers or other medications as required

**Tip of the Day...**

You will be carrying your backpack for part of the day. For your back's sake leave schoolbooks and unnecessary heavy items at school!

