

# cultiv8

## 2025 PROGRAM GUIDE

### THURSDAY | NOVEMBER 6

5:00 -  
7:00 pm

#### REGISTRATION

Check in with the Inside Education team, let us know you've arrived safely and pick up your welcome package.

7:00 -  
9:00 pm

#### CULTIVATE MIXER

With tasty appetizers and a laid-back atmosphere, this is your chance to meet other student teams and start building connections that will carry through the summit. Light team-building activities and easy conversation will help break the ice, spark new friendships, and get your team grounded for the days ahead.

### FRIDAY | NOVEMBER 7

7:00 -  
8:00 am

#### BREAKFAST

8:00 -  
10:00 am

#### WELCOME TO THE SUMMIT: KICKOFF AND KEYNOTE

Let's get this summit started! Join us for an energizing welcome as we launch into an unforgettable journey into sustainable agriculture. Then, prepare to have your perspective flipped by a captivating keynote speaker who will challenge what you think you know about food, farming, and the future.

10:00 -  
10:15 am

#### NUTRITION BREAK

10:30 am -  
12:00 pm

#### THE CONSCIOUS CONSUMER: AGRICULTURE 101

From 'free-range' to 'hormone-free,' marketing bites hard into how we shop and eat. In this session, we'll take some quick, consumable bites out of the biggest myths and misconceptions in agriculture. Decode the labels, bust the buzzwords, and start seeing your food with fresh eyes.

11:30 am -  
12:30 pm

#### LUNCH

1:00 -  
5:00 pm

#### INNOVATIONS IN AGRICULTURE AT FARMFAIR INTERNATIONAL

Get the VIP treatment at Farmfair International—one of Canada's premier agriculture and livestock events. The afternoon will include an up-close look at cutting-edge innovations in AGTECH and Innovation Alley, a walk through the high-stakes world of competitive cattle showing, and a behind-the-scenes tour of the Climate Smart-certified Edmonton EXPO Centre, featuring its state-of-the-art biodigester that transforms food waste into energy.

5:00 -  
6:00 pm

#### BREAK

6:00 -  
9:00 pm

#### DINNER AND DOCUMENTARIES: EXPLORING AGRICULTURE THROUGH FILM

An evening of food, film, and inspiration! This session features a screening of short documentaries offering fresh perspectives on agriculture and food systems. Hear directly from the filmmakers about their creative process and why they use storytelling to spark conversations about agriculture.

### SATURDAY | NOVEMBER 8

7:00 -  
8:00 am

#### BREAKFAST

8:00 -  
10:00 am

#### CLIMATE CHANGE CHALLENGES

Climate change is reshaping the way we grow food, and agriculture is both impacted by and responding to these changes. In this session, you'll learn about some of the toughest climate-related challenges in the ag industry.

10:00 -  
10:30 am

#### NUTRITION BREAK

10:30 am -  
12:00 pm

#### REGENERATIVE AGRICULTURE AND INDIGENOUS KNOWLEDGE

Regenerative practices—like cover cropping and soil restoration—align with Indigenous principles of stewardship and respect for the land. Explore how these methods offer sustainable solutions to climate change by improving soil health, enhancing biodiversity, and building resilience, helping us adapt to and mitigate environmental challenges.

12:00 -  
1:00 pm

#### LUNCH

1:00 -  
5:00 pm

#### AGRICULTURE IN PRACTICE TOURS

Embark on a tour of local agriculture projects to see how sustainable agriculture is taking shape in the Capital Region.

5:00 -  
6:00 pm

#### NUTRITION BREAK

6:00 -  
9:00 pm

#### SOCIAL EVENING

Let loose with fellow participants with an evening of dinner, dancing, and games.

### SUNDAY | NOVEMBER 9

7:00 -  
8:00 am

#### BREAKFAST

8:00 -  
10:00 am

#### YOUTH SPEAKER SHOWCASE

Whether through hands-on farming projects, new technologies, or advocacy for sustainable practices, these youth are proving that age is no barrier to making a difference. Get ready to be inspired by these agricultural change-makers!

10:00 -  
10:30 am

#### NUTRITION BREAK

10:00 am -  
12:00 pm

#### BOOTS ON THE GROUND WORKSHOP

We'll help you take what you've learned over the weekend and bring it back to your school and community through the GROW project. Whether it's starting a garden, launching a sustainability initiative, or educating others, your team will be empowered to create lasting change in your local area.

12:00 pm

#### TEAMS TRAVEL HOME

# THAT'S A WRAP!