

Day 1: Thursday, October 24, 2024

Hosted at the [University of Calgary's Biogeoscience Institute \(BGI\)](#) - Get ready for a field researcher experience! The Barrier Lake Station is an active research station focused on environmental research. It contains a variety of shared, dormitory-style accommodation with bunk beds. Linens will be provided. Washrooms are shared. The atmosphere is unparalleled.

5:00 - 6:00 pm	Arrival & Check-In & Orientation
6:00 - 7:00 pm	<i>Dinner provided by the Biogeoscience Institute</i>
7:00 - 9:30 pm	<p>Welcome, Opening Circle and Smudge <i>Inside Education and The Howl Experience, with guests Terry and Margaret Rider, Stoney Nakoda Elders</i></p> <ul style="list-style-type: none"> ● Understanding the land & meaningful land acknowledgments ● Our job as educators ● Understanding Kananaskis, Mînî Thnî, Mînî Hrupa & Chuwapchipchiyan Kudi Bi ● Intro to Howl's Indigenous Youth Leaders
	<p>Interactive Discussion: The Wise Practices Approach to Education <i>Daryl Kootenay, Co-Director, The Howl Experience</i> <i>Much can be learned from the idea of Wise Practices and this approach to Indigenous youth mental health that can be applied to all people. Daryl Kootenay, United Nations representative for the Permanent Forum for Indigenous Rights, will guide educators to think about Wise Practices in relation to their own teaching practices and their role in the community.</i></p>



Day 2: Friday, October 25, 2024

*The majority of our day will be spent outside, rain, snow, or shine! Snow at this time of the year is **very** likely in Kananaskis. Areas can get slippery and muddy, and there are some steep hills. Feel free to bring poles or any other hiking aids if you need them.*

7:30 - 8:30 am	<i>Breakfast provided by the Biogeoscience Institute</i>
8:30 - 9:00 am	<p>Opening Circle <i>Inside Education and The Howl Experience</i></p>
9:00 - 12:00 pm	<p>Taking Your Curriculum Outside: Woods, Wildlife, and Wetlands <i>Kathryn Wagner and Jayme Nelson, Inside Education</i></p>
	<p>This session will take place at Jumpingpound Demonstration Forest, where we will share hands-on tools, tricks, and methods for engaging educational experiences in your classroom and outdoor spaces.</p>
12:00 - 12:30 pm	<i>Lunch on the trail - bagged lunches provided by Biogeoscience Institute</i>

12:30 - 3:30 pm	<p>What is the land telling us? What does it mean to know a place? <i>Travis Rider, Theresa Westhaver, and Adam Mertens, The Howl Experience</i></p> <p>A short hike with local ecologists and Knowledge Holders on themes of climate, water, and resource development. Learn from Indigenous perspectives on land management, local mountains, flora, and fauna. We'll also discuss strategies to encourage student reflection and connection to land.</p>
4:00 - 5:00 pm	<p>Closing Circle and Reflection <i>Inside Education and The Howl Experience</i></p>

This program is available because of the support of our program partners.

A sincere thank you to:



Suggested Packing List

- One suitcase or backpack for clothes
- Pajamas - *rooms are shared and dormitory style with bunk beds*
- Small backpack for our outdoor activities
- Weather-appropriate outdoor gear (mitts, layers) -- very important! *We go out rain, snow, or shine, and the weather in K- country is unpredictable at this time of the year!*
- Closed-toe shoes or hiking boots
- Any hiking aids you might need, such as poles
- Bug spray, sunscreen, and a hat
- Casual clothes for all programs and social events - *comfortable and durable are best*
- Travel mug &/or water bottle – *for those of you who like your morning coffee to-go!*
- Personal Medications
- All meals will be provided, but feel free to bring your own snacks
- *Optional* - Writing utensils and notebook